



# ROMAN HOLIDAY

## 36 HOURS IN THE ETERNAL CITY

ITALIAN  
TOURS







## 36 HOURS IN ROME

Your holiday time in Europe is precious! You'll be wanting to make the most of every minute, from the time you step off the plane till the last couple of hours before check-in on the way home.

You could easily spend a lifetime visiting Rome and still not see everything that this city, so rich in history and culture, has to offer. The key to making the most of your time is planning.

First, splurge on a good, centrally located hotel. The areas around Piazza Navona, the Spanish Steps and the Pantheon are all in the centro storico and close to all the action.

Second, while walking in Rome is one of the joys of a visit to the Eternal City, taking a taxi will help you maximise the time you have to spend sightseeing.

Third, plan your days. Here to help is our guide to exploring Rome in 36 hours.

Ciao ciao,  
Luca and Philippa







## DAY 1 - FRIDAY

### 3 p.m. | Experience the romance of Rome

Check into your hotel, drop off your bags and head out to blow away the cobwebs with a walk around the most atmospheric parts of the city.

Begin your walk in via del Corso, heading north towards Piazza del Popolo. Turn right at Via Condotti, which leads directly to the Spanish Steps. Incidentally, Via Condotti is at the centre of the most fashionable and expensive boutique shopping area in Rome. Before climbing the steps, pause to look at the newly restored Baroque fountain with its gaping fish. At the top of the steps turn left and follow the road, Viale della Trinità dei Monti, along the perimeter of the hill until you reach the point where the road divides. Take the right hand fork, which will lead you up to the Pincio lookout and a lovely view of Piazza del Popolo and the city. Walk down the steps to the piazza, calling in to Santa Maria del Popolo on the right hand side of the path leading down. Here you can see two Caravaggio paintings, The Crucifixion of St Peter and The Conversion of St Paul. Leave the piazza along Via del Babuino and take the second left into Via Margutta, following the road to the end until it brings you back to Via del Babuino and the Spanish Steps.







### 6.30p.m. | Aperitivi and Rome at Twilight

Make your way to Piazza delle Coppelle, which is near Piazza Navona and stop in at Vinoteca Novocento at number 47 for a glass of wine. This is one of Rome's traditional small wine bars and will be crowded and full of atmosphere of an evening. Leaving the bar, turn right and walk out of the piazza, left onto Via delle Coppelle and take the first right onto Piazza della Maddalena which lead you down to the Pantheon.

#### VINOTECA NOVOCENTO

Piazza delle Coppelle 47

P 06 6833078

### 8 p.m. | Dinner: Armando al Pantheon

You'll need to book well in advance to get into this immensely popular and traditional Roman restaurant, but it's worth the trouble. Typical dishes include Roman artichokes, saltimbocca romana, and salad 'Puntarelle' salad (made with a local chicory) with the local anchovy dressing. Dinner for two, about sixty euros.

#### ARMANDO AL PANTHEON

Salita de Crescenzi, 31

P 06 6680 3034

### 10 p.m. | An evening walk

On the way back to your hotel stop to enjoy the wonderful façade of the Pantheon and wander past the Trevi fountain, to see it beautifully lit and blessedly free of tour-bus hordes.



## DAY 2 - SATURDAY

### 9 a.m. | Markets or antiquities?

Today you have two choices. Market lovers will want to head off to Mercato Monti, an urban market where a group of designers, artists and second hand dealers offer an eclectic selection of clothing, jewellery and collectibles. Alternatively you can visit the Palazzo Massimo alle Terme, which contains a spectacular collection of Roman antiquities including the wall paintings of excavated Roman houses (including Livia's house), ironwork salvaged from Nero's ship, mosaics, statuary and more.

### 12.30 p.m. | Lunch: Trattoria Da Lucia

The old working class area of Trastevere is now a hub of restaurants, art galleries and classy little boutiques. This typical trattoria has been run by the same family since 1938 and offers more typical Roman cuisine. Try the pasta with cacio e pepe.

 TRATTORIA DA LUCIA

Via del Mattonato, 2  
P 06 580 3601

### 2.30 p.m. | Trastevere

Spend the next couple of hours wandering the lovely streets of this very old area of Rome. Call in at Santa Maria in Trastevere, possibly the most beautiful church in Rome, with its spectacular Byzantine inspired gold mosaics. Walk back to the city via Ponte Cestio, which will take you onto the island Isola Tiberina, the location of the first Roman hospital and also worth a short exploration. While you're there pick up a gelato at Tiberino. Across the river, you'll wander into the Jewish quarter Via del Portico D'Ottavia, behind the synagogue. Teatro Marcello is also in this area and can be accessed through Porto d'Ottavia, which opens off to the right along this road.

### 5 p.m. | Aperitivi

Either walk or get a taxi to Piazza Navona and enjoy communing with the crowds as you sip aperitivi.

### 8:30 p.m | Dinner: La Matricianella

Again you'll need to book to get into this famous Roman institution. Opened in 1957, this restaurant offers typical Roman fare in a lively atmosphere and is well frequented by Romans. 35-40 euros per person.

 LA MATRICANELLA

Via del Leone, 4  
P 06 6832100







## DAY 3 - SUNDAY

### 10 a.m. | St Peters

Check out of your hotel, and leave your bags for collection later. Catch a taxi to St Peter's Basilica and mingle with the crowds waiting to be blessed by the Pope. Enthusiasts might want to line up to enter the church. Then join the locals for coffee and cake at one of the pasticcerie around the area.

### 1 p.m. | Pizzarium

Finish your sojourn in Rome with a stand-up feast of what is arguably the best pizza in the city. Pizzarium is a member of the Slow Food movement and famous for its wide variety of innovative pizzas and suppli rice balls. Be prepared to queue for what is a memorable treat!

 PIZZARIUM

Via della Meloria, 43

P 06 3974 5416



## WHERE TO STAY

### Hotel Adriano

Via di Pallacorda, 2

#### Website

The Hotel Adriano is a wonderful 3 star hotel right in the centre of Rome, just steps from the Corso. Tucked away in a quiet street, it offers access to all the sites, but the feeling of being removed from the hustle and bustle.

### Babuino 181

Via del Babuino 181

#### Website

Part of the Rome Luxury Suites chain, this boutique hotel of just 24 rooms and suites is a chic oasis in the centre of Rome.

## ARRIVING IN ROME

### By Air

Rome's main international airport is Leonardo da Vinci, Fiumicino (FCO) and is located about 40 minutes outside the centre (depending on traffic).

Rome's taxis operate a fixed fare from Fiumicino to anywhere within the historical centre of Rome for €48. For just a little more (€55) you can arrange a private transfer with a dedicated driver and car (or van).

The Leonardo Express is the very efficient airport train link that departs every thirty minutes from the airport for the journey to Rome's Termini train station. From Termini you can get the metro or a taxi to your hotel.

### By Train

The new, fast *Freccia* trains are a great way to move about Italy, with regular, reliable connections between most of the major Italian cities. You can now travel from Venice to Rome in three and a half hours or Milan to Rome in about three hours.

The main train station in Rome is Termini and it's centrally located about 10 minutes from the historical centre. Trains arrive from all over Italy (and elsewhere in Europe) almost every minute.

## CONTACT US

### Ask us anything ...

If you would like any help planning your holiday in Rome or anywhere else throughout Italy, please give us a call or send an email.

[ciao@italiantours.com.au](mailto:ciao@italiantours.com.au)

02 9358 4923

